

## CASE STUDY

# MONDAY EVENING PROJECT

Course: Sports - September 2023 - April 2024

[www.hunsletclub.org.uk/](http://www.hunsletclub.org.uk/)



### Q1) Please Provide Information about yourself.

Hi, our names are Danielle & and Cobin. We are both in year 10. We only met each other by taking part in the Sports course.

### Q2) How did you hear about this course?

My mum saw a post on social media and contacted the club, where we both attended an open evening. I was shown around the different areas on offer and was able to ask questions about the course.

### Q3) What interests did you have in attending the course, what motivated you to attend?

We both love sports and want to go into sports at post-16.

### Q4) Why did you choose The Hunslet Club?

I have never heard of anywhere else offering a free course to young people in our area. Not only will we gain a qualification, but we are also learning new skills.

### Q5) What new skills are you hoping to achieve whilst attending your course?

We have gained an understanding of how the body works, and the different muscles. We are also looking at sports coaching.

## AT A GLANCE

The Monday Evening Project offers free training courses to young people within South Leeds, who want to kickstart their career. We run different courses that offer a hands on approach to learning.



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### **Q6) Do you think that this course will improve your prospects for the future?**

We are enjoying learning new skills, along with team-building exercises. We know that the certificate will look great on our CV and the course also gives me something to look forward to weekly.

### **Q7) Are you enjoying the course? Is it up to your expectations? What areas of the course do you enjoy the most?**

Yes, very much, I haven't missed a day since the course began. I really like the practical work and learning new skills. I've met other young people too.

### **Q8) Are there any areas that you find challenging? Is there anything we can do to help you more?**

At first, I felt embarrassed to start with. But not anymore. I think I'm challenging my own mind, which is good for me.

### **Q9) Would you recommend any of our courses to your friends? Why?**

Yes, defiantly I would, it's a great hobby, great fun and we've made other friends along the way

## AT A GLANCE

The Monday evening project is a program for young people. It allows them to achieve a level 1 qualification in their chosen area despite educational or financial background. This includes the following subjects: Joinery, Mechanics, Catering, Sports or Art.